

[View this email in your browser](#)



# SANGAM RETREAT



## Tadā Draṣṭuḥ Sva-rūpe'vasthānam||3||

**Then, the seer resides in its own nature.**

---

### Hi Friends,

We can't believe it's almost the end of the month. April has flown right by us! Where does the time go these days?

In March, Vivek taught a successful "Intro to Sanskrit" class for the Theosophical Society in America organization. We look forward to hosting more Sanskrit classes for both students and spiritual seekers in the near future.

Starting this Thursday, Vivek will be hosting a group reading of "Heart without Measure" by Ravi Ravindra. The group will meet every other Thursday, and continue until the book has been finished. We hope you'll join us!

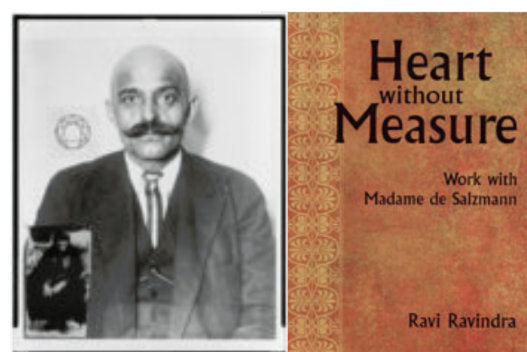
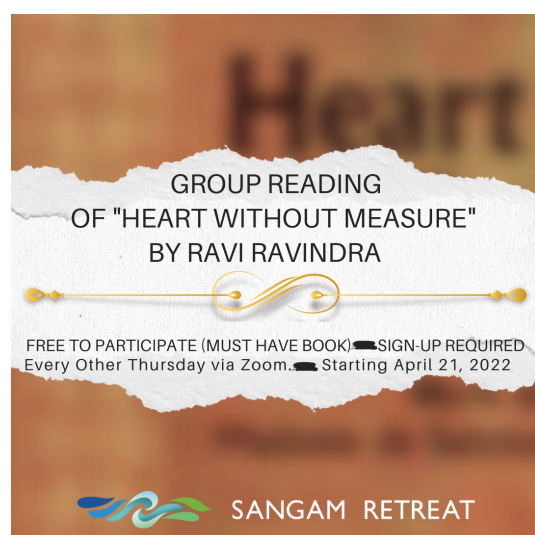
Ellie will also be back on-site this Friday for her monthly Sound Bath offering!

See below for more information on both events.

And finally, be sure to keep an eye on your inbox—we have several special projects in the works and we can't wait to share them all with you!

**Need to read this later? Here are a few highlights:**

- [Upcoming Events & Workshops](#)
- [Celebrate : Ramadan / Passover / Easter](#)
- [Monthly Musings - Yoga Sutra 1.3](#)
- [YogaShala - New Studio Space](#)
- [Bring Your Event to Sangam Retreat](#)



Join us for enlightening discussion as we come together to read and discuss excerpts from “Heart Without Measure: Gurdjieff Work with Madame de Salzmänn” by Ravi Ravindra.

Meetings will take place every other Thursday via Zoom, and the link to join will be sent prior to the scheduled meeting time via email. We'll meet every other Thursday via Zoom

and the link to join will be sent out via email prior to our meeting.

Attending the event is free, but we recommend purchasing the book in order to participate in the reading.

- We recommend purchasing through Ravi Ravindra himself.
  - Ravi can be reached at [purchasebooks@ravindra.ca](mailto:purchasebooks@ravindra.ca) to purchase.
    - Total cost (including shipping): \$28

## Event Details

- Every other Thursday starting April 21, 2022
- 3:00pm - 4:00pm (CST)
- Online via Zoom
- Participants will read for ~45 minutes, which is usually about 2 pages per person.
  - ◦ After reading, the group will discuss their thoughts on the chosen excerpt.

[Click Here to Sign Up!](#)

---

CRYSTAL VOYAGER VIBES



SOUNA BATH

PRESENTS

ENCHANTED REALITY



25\$

SUGGESTED  
DONATION



10202 Wommacis na

APRIL 22  
630-8pm



The idea of having “magic” in your life can often be overlooked-- even unheard of-- but through the power of visualization and Sound Healing we will join forces to bring this idea to life.

#### **Event Details:**

- Friday, April 22nd, 2022
- 6:30pm - 8:00pm
- In-Person Class
- Mask optional
- Pre-Register or Pay at the Door!
  - Donation-Based - \$25 recommended donation, but all donations are welcome!

[Click Here to Pre-Register!](#)



A rare occurrence happened over the previous weekend; for the first time since 1991, Ramadan, Passover, and Easter all happened simultaneously!



### **Ramadan Mubarak!**

April 2nd marked the start of the holy month of Ramadan.

Celebrated by Muslims all over the world, Ramadan begins with the rising of the crescent moon and the start of the 9th month of the Islamic calendar.

A time of fasting, a time of faithful intentions and spiritual growth-- Ramadan is a month focused on prayer and introspection. It is a time of unity, where physical temptations are cast aside and bonds between loved ones and one's faith are strengthened.

### **Chag Pesach sameach!**

April 15th marked the beginning of the Passover season.

One of the most important holidays in Jewish culture, Passover is a celebration of freedom and independence-- an opportunity to revere both past and present. While this is a holiday of great rejoicing, practitioners of the Jewish faith are also tasked with self-reflection to embrace the responsibility that comes with freedom. In other words, Passover is a time to celebrate community as well as honor one's history.



### **Happy Easter to all who celebrate!**



Concluding the Passion of Christ, Easter Sunday is a prominent holiday within Christianity in which practitioners of the Christian faith remember and celebrate the resurrection of Jesus Christ. Easter is a holiday centered around resurrection and rebirth-- a period of restoration. With spring comes new beginnings, and this Easter, we encourage you to transition from the old to the new, and to embrace the renewal of your spirit.





### Yoga Sutra 1.3

तदा द्रष्टुः स्वरूपेऽवस्थानम् ॥ ३ ॥

tadā draṣṭuḥ sva-rūpe'vasthānam||3||

Working in my parent's backyard, with my hands in the soil and tending to my plants, is one of the only places I feel truly peaceful and connected with joy. Not just the conscious feeling of being joyful-- but the understanding that just as the roots of the plants meet soil and the soil makes room for roots, there is no difference from plant to soil. They exist together-- at the same time-- growing and supplying each other with the opportunity to experience the joy of life. I too, am existing in harmony with the world around me and abiding in my true nature: unbounding joy. In experiencing and watching the present moment, I am connected to both my Self and the world around me as it truly is: pure, full of light, and free from suffering.

... [\(Click here to read the rest of the Monthly Musing\)](#)

---



# YOGASHALA

## New Studio Space



Our new, 600 sq ft studio was completed in September 2021. With soft (yet sturdy) wooden floors, vaulted ceilings, and large open windows, the YogaShala is the perfect place to enjoy time on your mat.



We look forward to seeing the studio filled with a variety of classes, events, and workshops. We have a lot of things in store for you all, so stay tuned!



# BRING

## Your Event to Sangam Retreat



**Are you a yoga or spiritual practitioner?**

**Bring your event to Sangam Retreat! Email us at [events@sangamretreat.com](mailto:events@sangamretreat.com) to set up an appointment to discuss booking an event.**



Located in the heart of Austin, but tucked away from the bustling city, we offer several multi-purpose buildings--including our 1200 sq ft. Buddha Hall, and our new, 600 sq ft. YogaShala studio space--and outdoor spaces on a 7.5 acre property that provides a rustic atmosphere while being surrounded by local flora and fauna.



 Share  Forward  Tweet

Copyright © 2022 Sangam Retreat, All rights reserved.

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe from this list](#).